



in collaboration with the
Norwegian Federation of American Sports has the
pleasure of inviting you to


**WINTER
OPEN 2020**

Saturday 25. and Sunday 26. January 2020

in Drammen, Norway

All categories that are part of the competition are open for International
Teams

Qualifying competition for European Cheer League 2020



THE COMPETITION

This tournament will be divided into the following categories:

Pom:

Junior Pom **

Senior Pom **

Hip Hop:

Junior Hip Hop

Senior Hip Hop

Cheerleading:

Junior Coed Partner Stunt (Level 5)

Junior Group Stunt: All Girl (Level 3, 4 & 5)

Junior Group Stunt Coed (Level 3, 4 & 5)

Junior All Girl Median*

Junior All Girl Advanced*

Junior All Girl Elite**

Junior Coed Median*

Junior Coed Elite**

Senior Partner Stunt All girl (Level 4 & 6)

Senior Partner Stunt Coed (Level 4 & 6)

Senior Group Stunt All Girl (Level 4, 5 & 6)

Senior Group Stunt Coed (Level 4, 5 & 6)

Senior All Girl Elite*

Senior All Girl Premiere**

Senior Coed Elite*

Senior Coed Premiere**

Open category (level 3)

* = Qualifying for Norwegian Cheer League

** = Qualifying for European Cheer League

The Dance junior and senior categories will run on Saturday 25. January, as will the Cheer senior categories. Cheer junior will compete on Sunday 26. January.

The arena (Drammenshallen) will open at 08.00. Extra floor time for preparation and run-throughs will be allocated all teams that are in need for it. Please let us know in the registration form, tab 2.

Competition start is estimated to start at 11.00 both days.



Rules and Regulations:

ECU Competition Rulebook for Cheerleading and Cheerdance 2020. This you will find following this URL: <http://www.cheerunion.eu/competitions/rules/rules-documents/>

There is also some special rules for competitions in Norway. Ask us for details, the document is for now only available in Norwegian.

This event is hosted by an organisation affiliated with the Norwegian Federation of American Sports (NAIF). The rules and regulations set by NAIF and the Norwegian Olympic and Paralympic Committee and Confederation of Sports (NIF) are therefore applicable to this event. These rules include the World Anti-Doping Code as implemented in NIFs regulations.

Any cases regarding the possible failure to follow the regulations mentioned above, will be handled by NIF. If the circumstances reveal a violation of the WADA Code, the Court of Arbitration for Sport (CAS) will be notified.

The failure to follow the regulations mentioned above may lead to sanctions such as suspension from all sports activities organised in affiliation with the Norwegian Olympic and Paralympic Committee and Confederation of Sports (NIF), including the Norwegian Federation of American Sports (NAIF).

By registration to the event we confirm to have read the applicable rulesets and we agree to follow them.

European Cheer League:

Winter Open 2020 is the first qualifying contest in the European Cheer League (ECL). ECL is a virtual championship where teams compete with other teams in other competitions across Europe. The rules and overview of which categories are included can be found here: <http://www.cheerunion.eu/competitions/ecl/ecl-rules/>. The winner is awarded a special scoring system, giving the winner in each category the opportunity to participate in next year's EM (2021). Information about the scoring system can be found here: <http://www.cheerunion.eu/competitions/ecl/ecl-scoring-system/>

PeeWee Showcase:

Each team will be allotted 2,5 minutes for a PeeWee showcase. PeeWee teams must also be registered, please see attached form. Note: please add what day you wish the showcase to take place.



Entrance

Spectator Admission:

Adult:	NOK 150,- per day
Seniors & students	NOK 100,- per day
Child 6-15 yrs:	NOK 50,- per day
Child 0-5 yrs:	FREE

Family price/2 adults & 2 children) NOK 350.- per day
We accept Visa and cash.

REGISTRATION

Ordinary Team registration including all athletes, substitutes, coaches and team leaders/helpers with deadline **15. December**.

Please fill out tabs 1-4 in the attached registration form and submit the form via email to winteropen@ecteagles.no

Other due dates

5. January	No late registrations accepted after this point.
12. January	No more changes in registrations allowed after this point.

Registration Fees

Per Team Cheer and Dance	80 EUR per team
Group Stunt and Partner Stunt	35 EUR per team
Per athlete	35 EUR per athlete
PeeWee	25 EUR per athlete
Late registrations and changes	10 EUR per change

The registration fee includes participation in the competition, lunch and a Winter Open 2020 T-shirt. Please fill out the attached form to register T-shirt sizes. The three best teams in each category will get a trophy for the team and medals for the athletes

We are collaborating with Happy Cheerbow, they will be making a special Winter Open-bow. Bows can be pre-ordered through the registration form. Simply check the box for "Bow" in the athlete registration tab. Price: 18 EUR per bow. Payable along



with registration fee if pre-ordered. Pictures of the bow will be uploaded to www.winteropen.no and our facebook page/social media.

Payment Information

BIC: DNBANOKKXXX

IBAN: NO04 1503 3233 210

Bank: DNB

The account is registered to:

Eiker Cheerleading Team
v/ Frode Brurberg Hansen
Alvedansen 10
3055 Krokstadelva
Norway

Invoice will be sent immediately after deadline of registration.

Note: the registration is not finalized until the fees are paid.

Registration forms, as well as questions regarding all of the above, can be submitted to: winteropen@ecteagles.no

Accreditation Routines

Routines for accreditation will be as follows: each athlete's need to stand in alphabetical order at the team's scheduled warm-up time/place. There you will be checked for piercing also.

All teams will be asked to deliver a form when you get to the arena where you confirm that all athletes competing is correct due to the registration. The form you can find on our website together with the invitation.

Questions regarding accreditation and ID can be directed to the federation at cheer@amerikanskeidretter.no.

Insurance

We recommend that all athletes, substitutes, coaches and team leaders/helpers have some sort of valid insurance that covers sports/cheerleading. The organizer is not responsible of any injuries that occur during the competition and/or practice time.



Music

The coach/team leader etc. will need to bring the team's music mix to the competition. It may be on a CD, ipod, iphone/smartphone, memory stick, etc. Note: Please ensure that the device has the team and club names on it. It is also advisable to bring a back-up.

OTHER

Accommodation

We have an agreement with **Comfort Hotel Union Brygge** and are able to offer discounted accommodation here. This hotel is conveniently located right next to the train station, about a 15 minute walk from Drammenshallen (the arena).

Prices per night, incl. breakfast (by using the discount code below):

Singel room: 810 NOK

Twin/double room: 910 NOK (455 NOK per person)

Triple room: 1110 NOK (370 NOK per person)

Late checkout until 18.00 is a part of the agreement.

Discount code: "**Winteropen2020**". Bookings must be made by phone (+47 32 21 70 00) or via email (co.unionbrygge@choice.no) to be able to use this discount code.

Other hotels in Drammen:

Clarion Collection Hotel Tollboden, which is about a 5 minute walk from Drammenshallen, offers sports prices. Read more about this here: www.nordicchoicehotels.no/idrett/. (This link is in Norwegian, for information in English – [contact the hotel](#).)

Scandic Ambassadeur Drammen which is located closely to the railway station: <https://www.scandichotels.no/hotell/norge/drammen/scandic-ambassadeur-drammen>

Anti-doping:

ECT Eagles follows the "Clean Concept" – Norway's doping prevention program. ECT Eagles is a Clean Sports Club and we wish to make you aware that Winter Open is a Clean Event. As the organizer, we will do our best to accommodate the Anti-doping controllers if necessary, in accordance with rules and regulations of Anti-Doping Norway. All athletes, leaders, etc. are obligated to adhere to any instructions given by representatives from Anti-Doping Norway. See www.antidoping.no/english for more information.





Fair play:

ECT Eagles and the Norwegian Federation of American Sports wish to remind all athletes, coaches, team leaders/helpers and spectators to show good sportsmanship during Winter Open 2020. All athletes have been working hard and deserve attention and respect – we do not get up/leave in the middle of a routine. Both spectators and athletes are encouraged to cheer for all teams.

The organizer is not responsible for any belongings left in the changing rooms or the arena itself. Attendees are discouraged from bringing valuables.

All information about this event will be available at the following website:
www.winteropen.no

The schedule will be sent out to all clubs shortly before the competition; it may however be subject to change. We therefore encourage everyone to inform "their audience" to be present in good time.

We aim at concluding the competition at approximately 18.00 on Saturday and 18.00 on Sunday.

DIRECTIONS

Address:

Drammenshallen,
Knoffs gate 18,
3044 Drammen

Map:

[Map of Drammen.](#)



From Oslo Gardermoen Airport:

Take airport express directly to Drammen Station (60 min). From there you walk toward the Shell gas station and take the underpass. Then you follow the walkway towards Drammensbadet and then further to the left until you see Drammenshallen on the left hand side.

Car:

Drammenshallen is located near the E18-exit to Strømsø. Take the exit and drive towards the town centre, along the Bjørnstjerne Bjørnsonsgate. You will see Drammenshallen on the left-hand side after about half a kilometer.



Parking:

There is a parking lot by the entrance to Drammenshallen. Parking fees apply. There is also a parking garage in Blichsgt. – next to the Shell gas station, about a 10 minute walk from the arena. Follow the directions below.

From Comfort Hotel Union Brygge/The train station:

Follow the road straight down until you reach the train station. From there you walk toward the Shell gas station and take the underpass. Then you follow the walkway towards Drammensbadet and then further to the left until you see Drammenshallen on the left hand side.

We hope to be seeing you at what we are sure will be a social and exciting cheer-event here in Drammen!

Kind regards,

Helene Liverød, on behalf of

ECT Eagles

Tel: +4798645000

E-mail: winteropen@ecteagles.no